



ISES ISIAQ 2019
KAUNAS · LITHUANIA

ISES ISIAQ 2019 conference “The built, natural, and social environments: impacts on exposures, health and well-being”
August 18 - 22, 2019, Kaunas, Lithuania



Conference Location

The conference will take place in *Zalgirio Arena*, which is one of the biggest multifunctional arenas in the Baltic region. It is located on Nemunas island, in the centre of Kaunas, within walking distance of most of the hotels.

Zalgirio Arena was officially opened on the 18th of August 2011 and has up to 20,000 seats for concerts, and up to 15,708 seats for basketball games. *Zalgirio Arena* is also used for conferences and exhibitions.



About Kaunas

Kaunas, Lithuania’s second largest city, balancing a contemporary European point of view and authentic Baltic values, is strategically the most convenient meeting point in Lithuania. It is also an important crossroads between the Baltic countries, Scandinavia, Central and Eastern Europe for both travelling by land and air.

What’s unique about Kaunas is that contemporary business centers full of state-of-the-art technology are complemented with an inspiring layer of interwar modernism (protected by the European Heritage label and is on its way to UNESCO) spread all over the city. Compact and conveniently designed (the trip to or from the airport takes less than 30 minutes), Kaunas can be explored in a couple of hours between the meetings or on the way to dinner from your hotel of choice. Speaking of dinner...

The experienced chefs of Kaunas’ restaurants are eager to exceed the expectations of the most sophisticated eaters, offering a wide array of time-tested recipes from around the world as well as a

modern approach to the Nordic cuisine. When deals are done and laptops are off, the pubs and cocktail bars of the Old Town and centre of Kaunas are ready to take over the attention and untie those ties.

Useful links for getting to know the city:

Official website: www.visit.kaunas.lt

City's maps: <https://visit.kaunas.lt/en/information/publications/>

Feel the #kaunastic vibe! Join us - <https://www.facebook.com/kaunastic>

Get to know Lithuania: <https://www.facebook.com/LithuaniaTravel.global/>

Did you know:

- ***That Kaunas was a temporal capital?***

<http://www.truelithuania.com/topics/cities-of-lithuania/kaunas-what-to-see-where-to-go-and-what-to-know>

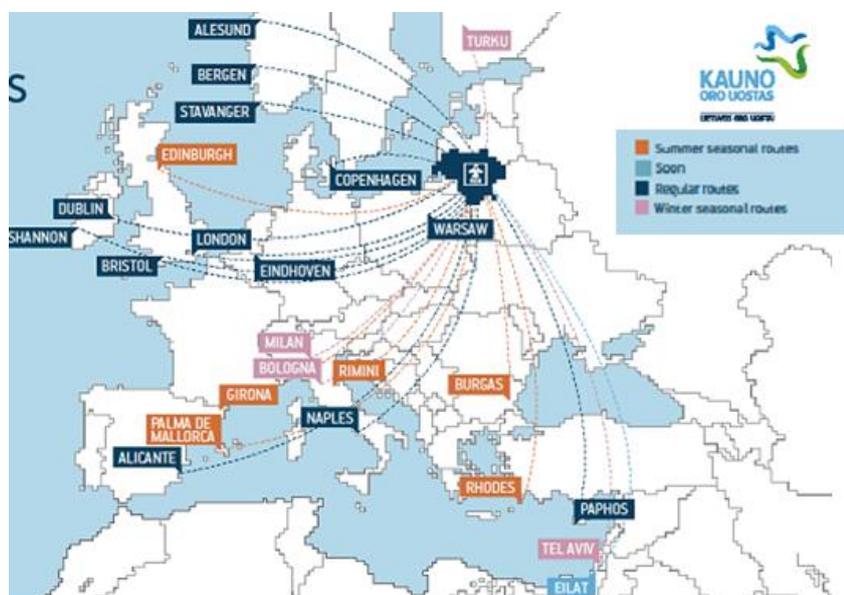
- ***That Kaunas will be the European Capital of Culture in 2022?***

<http://kaunas2022.eu/en/>

Getting to Kaunas:

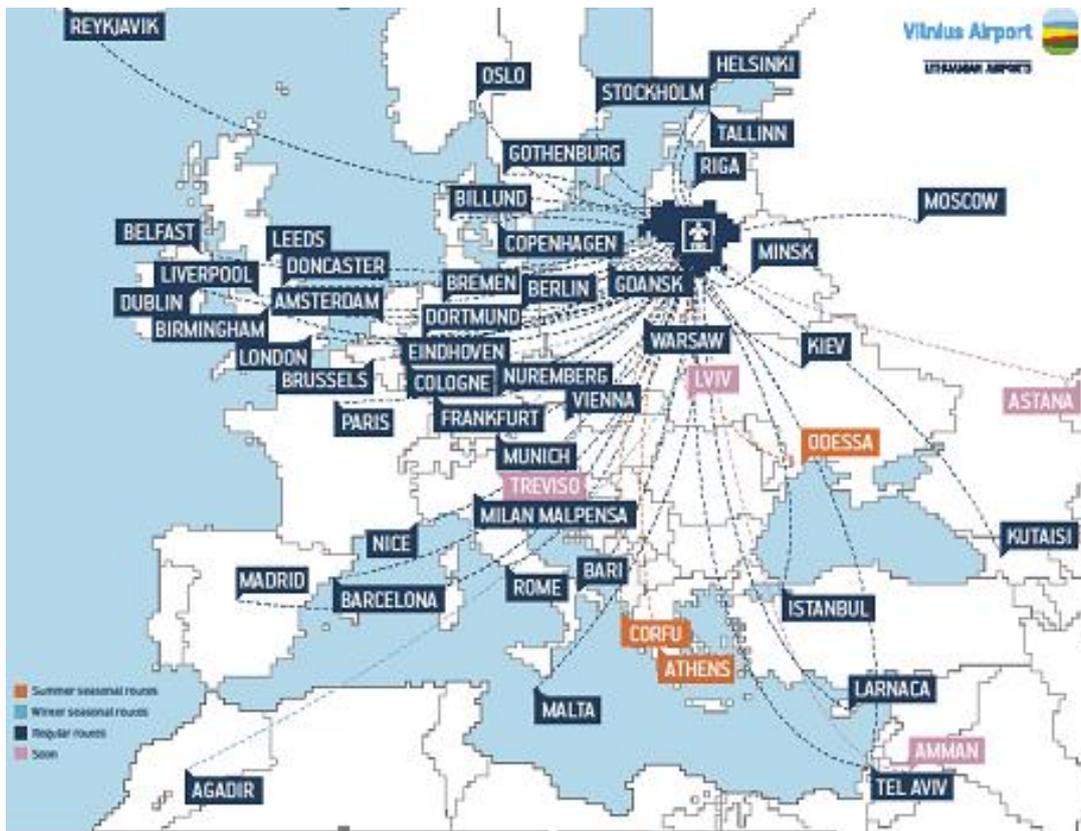
Travel by plane directly to Kaunas:

Operating air companies: LOT, Wizzair, Ryanair.



Travel by plane to Vilnius:

Operating air companies: SAS, Lufthansa, Wizzair, Turkish Airlines, Norwegian, Norcida, Finnair, Brussels Airline, Austrian, airBaltic, UIA, LOT, Small Planet, Ryanair, RusLine, GetJet, Belavia, Aeroflot.



Travel from Vilnius to Kaunas

The distance from Vilnius to Kaunas is 100 km.

Connections:

Train. Vilnius -> Kaunas. Duration: 1:02 -1:40. Cost: 4.80 - 6.60 Eur.
www.traukiniobilietas.lt/portal/en

Bus. Vilnius -> Kaunas. Duration: 1:25-1:40. Cost: 6.08 - 6.65 Eur.
www.autobusubilietai.lt

City Bee car rental. From Vilnius airport to Kaunas centre the price is around 25 Eur.
<https://www.citybee.lt/en>

Taxi. Vilnius -> Kaunas. Cost: 60-100 Eur.

Travel VISA information

Lithuania is an EU member country and Schengen Area member. Citizens of EU countries and 30 other states, including Australia, USA, Japan, New Zealand, South Korea, etc., can stay in the Schengen Area for a period of 90 days without a special visa. Please find the List of Countries, whose citizens do not require visas to enter the Republic of Lithuania. All foreign visitors entering Lithuania must have a valid passport.

Accommodation examples (to be updated regarding special offers for conference attendees)

Hotel	Single room, Eur.	Double room, Eur.
Main conference hotel – Park Inn by Radisson 4* (17 min walk to Zalgirio Arena)	90	100
HOF hotel 4* (15 min walk to Zalgirio Arena)	53	63
Kaunas Hotel 4* (15 min walk to Zalgirio Arena)	58	64
IBIS Kaunas centre 3* (3 min walk to Zalgirio Arena)	52	58
Kaunas city Hotel 3 (16 min walk to Zalgirio Arena)	43	54

In addition, there is the possibility to stay in Birstonas resort, which is 46 km from Kaunas and an easy 55 minute bus ride, for 3.14 Eur, More information can be found at <https://www.visitbirstonas.lt/en/> and www.autobusubilietai.lt

Information on the many hotels; hostels; inns; and bed and breakfasts will be available on the meeting site (<http://isesisiaq2019.org/lodging/>) in the coming weeks.

Events in Kaunas, August, 2019

Pažaislis Music Festival

The best world-renowned musicians from classical, old music, jazz and plenty of other project-based music add even more excitement throughout the summer, invite you to experience the Pazaislis Music Festival. The first Pazaislis Music Festival took place in 1996.

Find out more: <http://pazaislis.lt/en/>



12th Kaunas Biennial

It is the largest international contemporary art event in the Baltic region consisting of exhibitions, artist residency programs, workshops and educational programs, as well as public and community arts projects.

Find out more: <https://www.facebook.com/kaunas.biennial/>

Open Kitchen

Open Kitchen is a street food festival. Open Kitchen offers street food, live music, outdoor games, entertainment, and a great atmosphere.

Find out more: <https://www.facebook.com/openkitchenkaunas/>

"Follow Us"

Please follow us on FB and Twitter

www.facebook.com/ISESISIAQ2019

www.twitter.com/isesisiaq2019

And make sure you periodically check the meeting web site (<http://isesisiaq2019.org>) for updates and announcements.



All photos presented in Newsletter are by A. Aleksandravicius